



**DLJH CHARGER
FOOTBALL
PARENT MEETING
2025**

ABOUT OUR COACHES

- Daniel Shorter - Head Football Coach
 - 8th QB & LB (P.E.)
- Eli Peters - 8th OL & DL (7th Social Studies)
- Roger Majano - 8th WR & DB (AVID)
- Calvin Henningson - 8th RB & DB (7th Math)
- Mykael Briones - 7th OL & LB (P.E.)
- Ryan Hull - 7th WR & DB (7th Social Studies)
- Sloan Hood - 7th RB & DL (AVID)
- Todd Nicholas - 7th WR & DB (P.E.)



DLJH CHARGER

PROGRAM PHILOSOPHY

- Football Program Philosophy
 - “Control what we can control.”
 - Practice performance = More Playtime
 - Must be at practice to play
 - Must participate in practice to play
 - Must know your job and role to play
 - Prepare student athletes for the next level of play
 - Winning the rep
 - Winning the practice
 - Winning the week of preparation
 - Winning the game
 - Prepare student athletes to be successful adults
 - Allow them to persevere through adversity, learn cooperation and leadership skills.
 - Learn to be comfortable with being uncomfortable



DLJH CHARGER MAJOR SPORTS

- Athletic Requirements
 - Current Physical
 - RankOne Forms
 - Copy of Birth Certificate
 - Current Utility Bill
 - Student Athlete Contract
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GRADES / DISCIPLINE

- Grade matters
 - 6 Week grading cycle
 - Report card grade below 70% in ANY subject will remove athlete's eligibility to participate in extra-curricular activity.
 - Those that are ineligible at SW1 report card will be removed from Major Sports.
 - First grading period ends on Sep 19th. (2 games into season)
 - Discipline matters
 - DAEP / ALC: If an athlete goes to DAEP during a semester, they cannot participate in sports for the remainder of that semester.
 - ISS / OSS: An athlete may not participate in sports on the same day that they were in ISS / OSS. No practice, play, or attending of sport events until suspension is complete.
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DLJH CHARGER MAJOR SPORTS

- Major Sports Priorities
 - Be on Time
 - Be Dressed Out
 - Put in Work
 - Athletes that can't meet the program standards, will not remain program athletes.
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- #NOPE
 - No Excuses
 - Outwork
 - Pursue
 - Excellence

DLJH CHARGER MAJOR SPORTS

- Major Sports Uniform
 - White Shirt / Black Shorts (required)
 - Football Compression Undershirt (optional)



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FOOTBALL
NOT JUST A
GAME

DLJH CHARGER FOOTBALL

- DLJH Football Challenges
 - 300+ football players to 8 Coaches
 - Equipment (helmets specifically)
 - Lockers (250 football lockers)
 - Locker room etiquette
 - Lock up belongings!!!
 - 8 minute quarters
 - District Travel (385 sq. miles) / Buses
 - C Team separate site games
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DLJH CHARGER EQUIPMENT

- All equipment is issued by coaching staff with the exception of cleats and socks.
 - Helmets / Shoulder pads / Jerseys / Pants / Girdles / Mouthpiece.
 - May use own mouthpiece if preferred.
 - “Swag”
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DLJH CHARGER EQUIPMENT

- Personal Helmets / Shoulder Pads
 - Must use an LCISD approved helmet
 - Riddell Speedflex
 - Riddell Speed
 - Grey or Matte Black in color
 - Must be approved by coach and logged in our system.
 - If using personal helmet there is a form to be filled out with LCISD Athletic office
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PRACTICE SCHEDULE

- Practice is every school day of the season unless we have a game that day (some exceptions).
 - First 2 weeks of practice are full practices every day.
 - Day after games we will have a short practice!
 - Late arrival for 8th grade / Early pickup for 7th grade
 - Any deviations to the practice schedule will be communicated through LCISD Athletics App.
 - If a player cannot make practice that must be communicated to coaches from the parent/guardian. Unexcused absences can affect playtime.
 - Learn difference between “hurt” and “injured” (DLJH Trainer determines).
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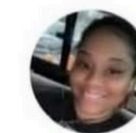
DLJH 8TH MORNING FOOTBALL PRACTICE PROCEDURES

- Drop off at DLJH locker room, doors open at 6:45 a.m. Practice begins at 7:00 a.m.
- Position Meetings with their position coach
 - Film
 - Chalk talk
- Practice at CFHS field for practice
 - Practice is open for observation from bleachers ONLY.
- Athletes will have the opportunity to change and clean up before heading to 2nd period.
- Eat a light meal before practice, have a snack for post practice.

DLJH 7TH AFTERNOON FOOTBALL PRACTICE PROCEDURES

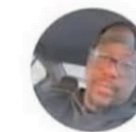
- Athletes will begin practice during 7th period.
 - Position Meetings
 - Film
 - Chalk talk
 - Practice at DLJH grass fields
 - Practice is open to watch from bleachers ONLY.
 - DLJH is a CLOSED campus until 4:30.
 - Practice will have scheduled water breaks as required by UIL built into the practice plans.
 - Practice will finish at approximately 5:50 with the intention of kids being ready to be picked up at 6 p.m.
 - Please be punctual for pickups
 - Set up carpools if necessary

Football Practice in August...



MAYBE: LONA
@l0nabaybe

I want to go to **Texas** in August, how's the weather there around that time ?



@ItWazntLee

Have you ever been cremated?

HOW WE DECIDE TEAMS

- 3 teams for each grade level.
 - A Team, B Team, C Team (C team pending)
- Decisions are made on a multitude of factors including:
 - Size
 - Speed
 - Knowledge of the game
 - Physicality
 - Depth Chart
 - District expectations that teams are evenly distributed.
 - 150 kids in the grade level, should be approximately 50 kids per team within 10% variability.
- The team your athlete is on is based on where we think they will get the MOST playtime and best experience within these guidelines.
- Team assignment can change week to week based on a variety of factors such as injuries / performance.
- Player positions will be determined by COACHES to best fit our team!
- Teams will be separated out before the scrimmage on September 2nd/3rd. They can change after the scrimmage.

PLAYER ROLES & WHAT THAT MEANS

- Key Starter
 - Impact Player
 - Player that changes the way we call the game or we have to adjust for their absence.
- Starter
 - Player that the team needs to have on the field to be successful.
 - Typically will have a rotation in ideal circumstances.
- Key-Backup
 - Will play a moderate amount of snaps with potential to play more if needed.
- Backup / Reserve
 - A player that needs to be ready to play and is prepared for their role.
- ALL players are evaluated daily and status can change daily.
- ALL players will be expected to be prepared to play.

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SEASON SCHEDULE

- Practice begins August 14th (Thursday)
 - Full schedule available on website godljhchargers.com
 - Scrimmage will be 9/2 for 7th grade and 9/3 for 8th grade. These are CLOSED practices! All athletes will be brought back to DLJH for pickup.
 - 7th grade games are primarily on Mondays and 8th grade games are primarily on Tuesdays.
 - Season is over at beginning of November.
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DLJH CHARGER

GAME DAY PROCEDURES

- Game days ALL athletes will ride the bus to the game from the school.
 - You may take your athlete home after their game with the completion of a LCISD form that will be provided before each game day. All other athletes will ride the bus back to Leaman for pickup.
- It is the athlete's responsibility to have all their equipment, gear and belongings to be prepared for game-day. Missing equipment can lead to missing the game.
- Typical game start times:
 - 5 p.m. C Team
 - 6:15 p.m. B Team
 - 7:30 p.m. A Team
- Tickets can be purchased through GoFan --->
 - JH All Sports Pass \$50 / LCISD All Sports Pass \$125
 - All sports except varsity football

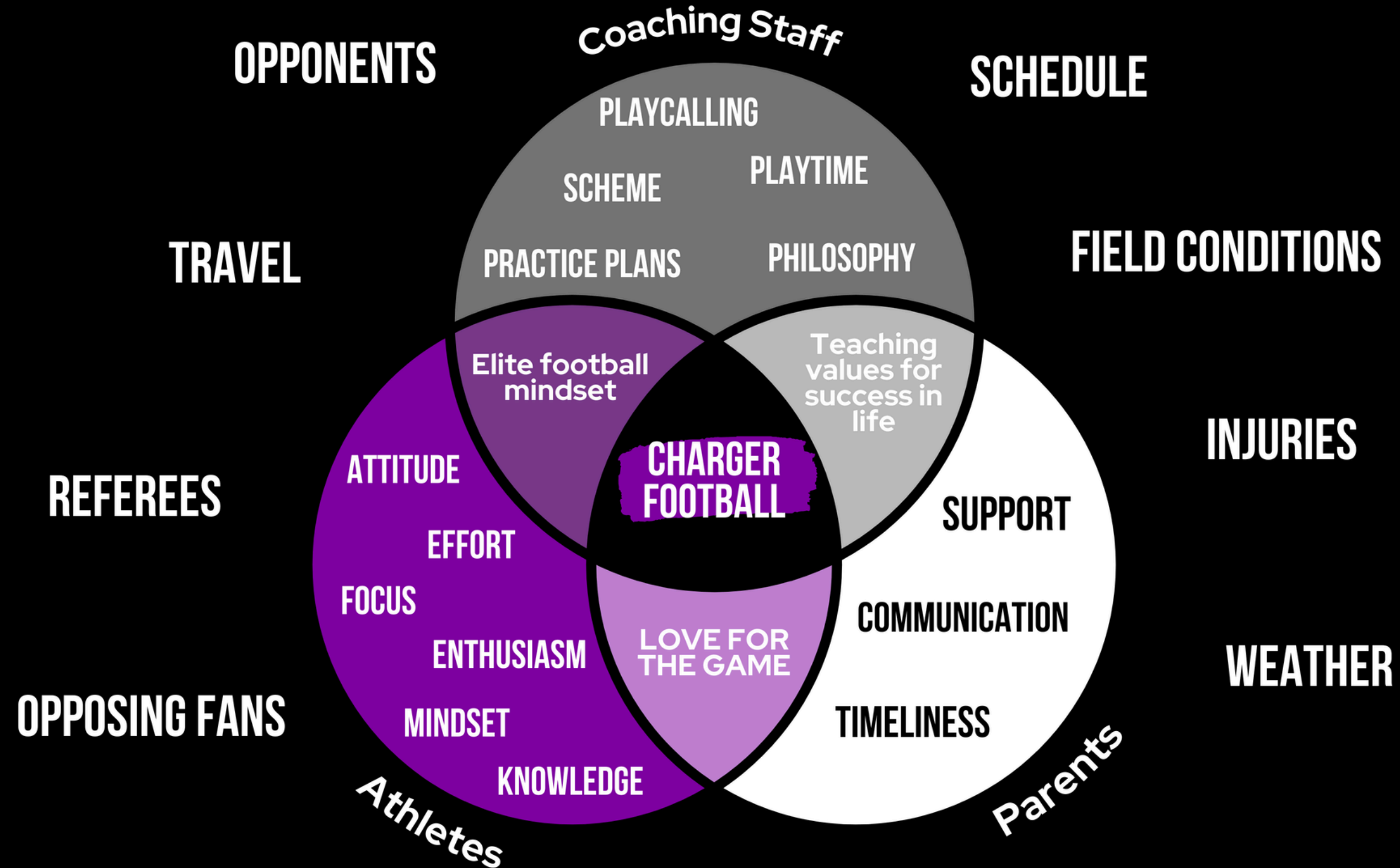


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GAME DAY MEALS

- Ran by our WONDERFUL Friends of Leaman PTO.
 - Not required but are recommended.
 - Chik Fil A sandwich or nuggets, chips, cookie and a bottle of water.
 - Cost is \$10 per meal and orders are due by September 5th.
 - Please pay with Venmo to @FriendsofLeaman-PTO and write your student's name in the box.
 - Cash can be brought to the front office along with the form.
 - There is an option to sponsor additional athletes that may be in need of financial assistance.
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CONTROL WHAT WE CAN CONTROL



PARENTS & CHARGER FOOTBALL

- Parents & Charger Football
 - Coaches will NOT discuss scheme, play calling or team philosophy with you.
 - If you have a concern about YOUR child we have a 4 step communication process.
 - Player to Assistant Coach
 - Player and Parent to Assistant Coach
 - Player / Parent / Assistant Coach & Head Coach
 - All parties & Campus Athletic Coordinator / Admin if applicable
 - 24 Hour Rule in effect
 - No conversations held until 24 hours after the game

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PARENTS & CHARGER FOOTBALL

- Be a positive presence in the stands.
 - Officials / Opposing teams / Coaches / Athletics Workers
 - “The Texas Way”
 - Support your athlete and their teammates.
 - Do NOT step on playing surface during contests.
 - Coaching staff is available to discuss any concerns you may have but will do so during business hours. We have families, and teaching responsibilities on top of coaching responsibilities!
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PARENT INVOLVEMENT

- Parent Volunteer Opportunities
 - Photographer
 - High quality sports photography that can be used in social media / Mascot Media.
 - Videographer
 - Filming games to ensure high quality film for review by coaches and players.
 - Chain Gang / Down Box
 - We are required to supply the chain gang and down box for all of our home games. Coaches and athletes are not eligible to do this so we need YOU!
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DLJH CHARGER TEAM PICTURES

- September 29th (7th) and 30th (8th)
 - Purchase packet will go out via LCISD Athletics App and handouts as we get closer to picture day.
 - Notice will be given to parents when pictures are handed out to athletes.
 - ALL athletes will take an individual picture that is stitched together for a team picture. Those purchasing individual pictures will take a separate picture for individuals!
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DLJH CHARGER FOOTBALL

- LCISD Athletics App
 - Free app that allows coaches to communicate with parents / players about latest updates in the program.
 - Search “Lamar CISD Athletics” in app store.
 - 7th Grade Football Code: 2538
 - 8th Grade Football Code: 2539
 - Website with the latest information about the teams as well.
 - Schedules / Rosters / Forms / Links



DLJH CHARGER SOCIAL MEDIA

- Social Media
 - We love to utilize social media (X or twitter) to shout out all of the great things our athletes are doing. Key accounts to know and follow.
 - Coach Shorter - @coach_shorter
 - DLJH Boys Athletics - @DLJHChargerATH
 - Charger Nation - @ChargerSchools



DLJH CHARGER

QR CODES

- LCISD GoFan



- Athletics Store



- Mascot Media



- Follow QR code, go to the bottom and download the app.
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